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# Clinical Updates on Immune-directed Therapies in MS: Expert Insights & Real World Evidence

Jointly provided by Letters & Sciences and Postgraduate Institute for Medicine.





This activity is supported in part by an independent education grant from EMD Serono, Inc., a subsidiary of Merck KGaA, Darmstadt, Germany.

Release Date: April 30, 2020

Available for credit until April 30, 2021

# ESTIMATED TIME TO COMPLETE ACTIVITY

1 hour

# TARGET AUDIENCE

This activity is designed to meet the educational needs of Neurologists and MS nurse specialists, as well as other clinicians treating and managing patients with MS.

# FACULTY

Mark S. Freedman, MSc, MD, FANA, FAAN, FRCPC, Co-Chair Senior Scientist, Neuroscience Program Ottawa Hospital Research Institute Professor of Medicine, Neurology University of Ottawa Director, MS Research Unit, Neurology Ottawa Hospital-General Campus Ottawa, Canada

# Patricia K. Coyle, MD, FAAN, FANA, Co-Chair

Professor and Interim Chair, Dept. of Neurology Director, MS Comprehensive Care Center Stony Brook University Medical Center Stony Brook, New York

### **EDUCATIONAL OBJECTIVES**

After completing this activity, the participant should be better able to:

- · Describe critical advances and emerging immune-directed therapies that will change the therapeutic approach to MS:
- Review the immunologic rationale, safety, and clinical efficacy of supporting an immune system reset;
- Identify clinical considerations when evaluating risks and benefits in deciding on DMT therapy;
- Summarize the concept of immunosenescence and the importance of vigilance in monitoring the risk of infections especially in older MS patients;

# JOINT ACCREDITATION STATEMENT



In support of improving patient care, this activity has been planned and implemented by the Postgraduate Institute for Medicine (PIM) and Letters & Sciences. Postgraduate Institute for Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses JOINTLY ACCREDITED PROVIDER" Credentialing Center (ANCC), to provide continuing education for the healthcare team.

# PHYSICIAN CONTINUING MEDICAL EDUCATION

The Postgraduate Institute for Medicine designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

To receive acknowledgement for participating in this activity, learners must complete the posttest and evaluation form.

### CONTINUING NURSING EDUCATION

Letters & Sciences is accredited with distinction as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission (ANCC) on Accreditation.

This activity is designated for 1.0 contact hours.

To obtain the full number of CNE contact hour(s), the learner must participate in the entire activity and complete the posttest and evaluation form.

### DISCLOSURE OF CONFLICTS OF INTEREST

Letters and Science and the Postgraduate Institute for Medicine requires instructors, planners, managers, and other individuals who are in a position to control the content of this activity to disclose any real or apparent conflict of interest (COI) they may have as related to the content of this activity. All identified COI are thoroughly vetted and resolved according to PIM policy. PIM is committed to providing its learners with high quality CME/CE activities and related materials that promote improvements or quality in healthcare and not a specific proprietary business interest of a commercial interest.

#### Faculty

#### Patricia K. Coyle, MD, FAAN, FANA

Has served as a consultant for: Accordant, Alexion, Bayer, Biogen Idec, EMD Serono, Genentech/Roche, Genzyme/Sanofi, GlaxoSmithKline, Mylan, Novartis, and TG Therapeutics

Has received research support from: Actelion, Alkermes, Corrona LLD, Genentech/Roche, MedDay, NINDS, Novartis, and PCORI

### Mark S. Freedman, MSc, MD, FANA, FAAN, FRCPC

Has received research or educational grants from: Genzyme Has received honoraria or consultation fee from: Actelion (J&J), Alexion, Atara Biotherapeutics, Adamas, Biogen Idec, Celgene (BMS), EMD Serono, Hoffman La-Roche, Novartis, Sanofi-Genzyme Has served as member of a company advisory board, board of directors or other similar group: Actelion (J&J), Alexion, Atara Biotherapeutics, Bayer Healthcare, Biogen Idec, Celgene (BMS), Genzyme, Novartis, Sanofi-Aventis Has participated in a company sponsored speaker's bureau for: EMD Serono, Genzyme

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#### Shannon L. DeVita, MSN, RN, CNL, DNP

Nurse Practitioner San Diego, California

### Michele Nichols, PharmD

Pharmacy Consultant Private Practice Raritan, New Jersey

# **FEE INFORMATION**

There is no fee for this educational activity.

### INSTRUCTIONS FOR OBTAINING CREDIT

During the period April 30, 2020, through April 30, 2021, participants must 1) read the learning objectives and disclosures; 2) study the educational activity; and 3) complete the posttest and the evaluation form. To answer the questions, click on your selected choice for each answer then proceed to the next question. We recommend that you print a copy of your answers before you submit them to us. Once completed, click on Submit posttest at the bottom of the page. Your posttest will automatically be graded. If you successfully complete the posttest (score of 75% or higher), your certificate will be made available immediately. Click on View Certificate and print the certificate for your records. If you receive a score of 74% or less, you will receive a message notifying you that you did not pass the post-test. You may retake the post-test until successful.

#### **COMPUTER SYSTEM REQUIREMENTS**

CME University requires a modern web browser (Internet Explorer 7+, Mozilla Firefox, Apple Safari, Google Chrome). Certain educational activities may require additional software to view multimedia, presentation, or printable versions of their content. These activities will be marked as such and will provide links to the required software. That software may be: Adobe Flash, Apple QuickTime, Adobe Acrobat, Microsoft PowerPoint, Windows Media Player, and Real Networks Real One Player.

#### DISCLOSURE OF UNLABELED USE

This educational activity may contain discussion of published and/or investigational uses of agents that are not indicated by the FDA. The planners of this activity do not recommend the use of any agent outside of the labeled indications. The opinions expressed in the educational activity are those of the faculty and do not necessarily represent the views of the planners. Please refer to the official prescribing information for each product for discussion of approved indications, contraindications, and warnings.

# Patricia K. Coyle, MD, FAAN, FANA

Has agreed to disclose any unlabeled/unapproved uses of drugs or products in her presentation

### Mark S. Freedman, MSc, MD, FANA, FAAN, FRCPC

Has agreed to disclose any unlabeled/unapproved uses of drugs or products in his presentation

### DISCLAIMER

Participants have an implied responsibility to use the newly acquired information to enhance patient outcomes and their own professional development. The information presented in this activity is not meant to serve as a guideline for patient management. Any procedures, medications, or other courses of diagnosis or treatment discussed or suggested in this activity should not be used by clinicians without evaluation of their patient's conditions and possible contraindications and/or dangers in use, review of any applicable manufacturer's product information, and comparison with recommendations of other authorities.

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